



Struggling to cope

Around 4 years ago I was on a path of self destruction and in a very dark place, I was using drugs and drinking a lot, but I never blacked out always remembered everything, I went out one night and met up with 'friends' had a couple of drinks and from that I remember nothing, I'm sure my drink was spiked I woke up the next day in a flat to a 'friend' going down on me, half of my hair extensions ripped out of my head and my legs covered in bruises, I left straight away and told nobody including my boyfriend I felt so ashamed since then I've heard rumours of 2 guys bragging they had a threesome with me, I remember nothing, I now have 2 beautiful babies to my boyfriend we had been dating 3 months when this happened, I finally told him what happened and he says he believes me but then quizzes me about it constantly accuses me of lying and has called me a whore I few times, I'm really struggling to come to terms with what's happened and just want to forget but now he knows it's like dealing with it all over again, everyday, it's so hard to deal with I don't know what to do. I'm really considering separating from him cause of how he's being.

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